SELF-DECLARATION



for the participants at the BockWM in Olang 2nd March 2013

| The participant | , date of birth             |
|-----------------|-----------------------------|
| place of birth  | , town/country of residence |
| (ZIP), address  | ,                           |
| Category:       |                             |

## DECLARES

He following under his own responsibility:

- 1. With this inscription I declare to be in physical fitness to participate at this kind of competition and Icertify to be in possession of a respective medical certificate. To complete the registration I will enclose a auto certification about the health conditions suffices).
- 2. I am familiar with the regulations of the Bock World Championship, I understood them and I assure that I will follow them during the race.
- 3. I am familiar with the FIS rules of conduct listed below, and agree to follow them carefully and without exceptions during the whole duration of the race. I am personally responsible for hazard situations and damage caused by disrespect of the rules mentioned above and incautious conduct on my part. I am aware that the organiser reserves the right to disqualify me from the race and ask me to leave the race course, if I do not comply with the regulations:

INTERNATIONAL FIS RULES - FOR SKIER::

- I. Respecting the others
  - All skiers must take care not to endanger or cause injury to the other participants.

#### II. Control of speed and skiing style

Skiing is only allowed at sight. Speed and style must be adequate to the technical abilities of the skier, as well as to snow, ground and weather conditions.

# III. Choice of track

The skier coming from behind must determine his track so as not to endanger the skier in front. **IV. Overtaking** 

Overtaking is permitted from above and from below, from the right and from the left, but only at a distance sufficient to grant the skier in front complete freedom of movement.

## V. Entering slopes

J Skiers turning into another ski slope or entering a slope after a stop must make sure, looking up- and downhill, that they can do so without causing hazard situations.

## VI. Stopping

J Skiers must avoid stopping in narrow passages or places with reduced visibility, unless they are in an emergency situation. In case of a fall in narrow passages or places with reduced visibility the skier must move out of the way as soon as possi.

## VII. Walking uphill or downhill

Skiers walking up- or downhill must keep to the side of the slope.

## VIII. Observance of the signs

All skiers must comply with the markings and signs present on the slopes.

### IX. Assistance

In case of accidents all skiers are responsible for offering aid.

## X. Compulsory identification

In case of accidents, both the witnesses as well as the skiers involved, be they responsible or not, are required to identify themselves.

- 4. I take part in the Bock World Championship-race at my own risk.
- I expressly declare, that I will personally examine the race course before race-start with all selective parts of the run, with the gates of direction, the area of start and arrival. I am aware of all dangers and difficulties involved in the race. I therefore commit myself to immediately ask for the intervention of the first aid services or rescue service on site, in case of physical and psychological problems and if necessary to cut race.
- 5. I renounce **all claims for damages** to the organiser, i.e. the persons responsible for the organisation of the event as well as collaborators, and free them from any responsibility, unless they are guilty of grave offence or malice. I therefore acknowledge that, only with view to the above conditions, the organiser, i.e. the persons responsible for the organisation of the event, as well as their collaborators and voluntary assistants have a limited responsibility with regard to personal and material damage to the participants or to third parties.
- 6. I am aware that the organiser reserves the right to modify regulations for reasons of security or force majeure or when requested to so by the local authorities, and, for the same reasons, reserves the right to shorten the duration of the race, interrupt the race or cancel it, without any obligation to pay damages. I will be informed in advance about a possible changing of the rules owing to technical or security reasons, weather conditions or other reasons and I will agree with the changed rules. Otherwise I will contact the organiser in writing.
- I agree that the posting of any sort of information and advertisement material on the race area and in its surroundings is only permitted after explicit agreement and with written permission of the organiser.
  I agree that the organiser reserves all rights on pictures taken during the event..

I declare that I understood the content of point 1 to 7 of page 1 and 2 without exception.

Read, seen and accepted:

Date:\_\_\_\_\_

The participant: \_\_\_\_\_

Authorised signature: \_\_\_\_\_\_(for partecipants under age 18)

In compliance with Art. 1341 of the Italian Code of Civil Law I expressly declare that I understood the content of points 1., 2., 3., 4., and 5. of this regulation and that I agree to each one of them.

We inform you that your personal data will be used as established in the legislative decree (decreto legislativo) n. 196 from June 30rd 2003about the personal data protection.

The data subjects may exercise all the rights set forth in art. 7 of Law .n. 196/2003 (including the rights of data access, correction, updating and cancellation of personal data).

| Date: |  |
|-------|--|
|-------|--|

The participant: \_\_\_\_\_

Authorised signature: \_\_\_\_\_(for partecipants under age 18)